

Group e-mail: SIR35(at)*yahoogroups.com Web Site: www.sir35.org February 2011

NEXT MEETING

Wednesday, February 16, I.F.E.S. Hall Social Hour 11a.m.— Lunch 12 p.m.

Please, <u>IF BRINGING A GUEST OR</u>
NOT ATTENDING!

CALL 650-823-0702 **or E-MAIL** sir35notify(at)*gmail.com **by SUNDAY, February 13** (leave name and badge #) Thanks --- we need this information **early**!

PROGRAM

SPEAKER: Duncan MacVicar TOPIC: "Hidden Wounds of War"

Duncan will describe the trauma that affects many combat veterans and the problems that these troubled veterans cause for themselves, their families, and their society when they return home. He will describe California's approach to traumatized veterans who commit crimes and his efforts to improve that approach through legislation and the formation of special Veterans Treatment Courts.



Duncan has degrees from the U.S. Military Academy at West Point and from UC Berkeley. He served in Vietnam as a captain in the Army Engineers. Later, he worked at the Lawrence Livermore Laboratory, Hewlett-Packard, and Spectra-Physics. He found his stride as a management consultant, advising high-tech compa-

ny presidents on strategy; a career from which he retired two years ago. Along the way, Duncan was a founder of three high-tech companies, serving as CEO of one of them. He has also written a book on entrepreneurship entitled *Managing High-Tech Start-Ups*.

Duncan is a long-time community volunteer for his church and numerous nonprofits. He founded a group to build housing for the homeless, and last year he served as Board President of the Community Services Agency in Mountain View. Today, Duncan devotes his time to the cause of veterans suffering from combatinduced trauma.

\$19 MENU \$19

Swiss Steak or Breaded Fish.
Mashed Potatoes, Pasta, Green Beans.
Salad, Rolls, Dessert, & Coffee.

Vegetarian by Reservation Only.
Terry Barnhart: 408-738-0891; terry.b2007(at)*sbcglobal.net

The Big Sir Says ...

The new year is underway, and your leadership and volunteers are actively planning and implementing what we expect will be another banner year for Branch 35.

Our Thanks As We Start the Year: Those who attended the January 19 meeting should have received their 2011 Membership Roster, courtesy of the fine effort by Dick Bray, former Big Sir of this Branch and Honorary Life Member. He was ably supported in this effort and provided with the needed updates by our Director/Membership, Arden Anderson, and others.

Skip Ross, who has been our state-wide Webmaster and leader for the Macintosh Group, will be moving to Oregon after January. We thank him for his valuable contributions and we are grateful that he will remain as close as the Internet and continue in those roles.

Our Attendance Chair, Bill Cleveland, is completing his extended service in that capacity. He has provided helpful guidance to our Executive Committee throughout the last several years. Should you be willing to assume this rewarding responsibility and opportunity to serve the Branch, please let Bill or me know. We need your help. Bill will assist in providing transition support for the new Chair and can give you a full description of what it involves.

Finally, Dick Wilson has agreed to serve again as Nominating Committee Chair for 2011. He will be joined in this important responsibility by new Directors Don Cameron and Vern Schmidt.

Membership Growth: Branch 35 exceeded the target for 10% annual growth in active members for 2010. We are now embarked on a similar growth plan for 2011 and were most encouraged at our January meeting by the induction of 5 new members and the presence of 13 guests with their sponsors. In this year's "Each Member Recruiting A New Member" campaign, this is great start. To accommodate this growth, some have suggested that the socializing time could easily start as early as 10:30 a.m. to alleviate any registration line delay, and that car pooling would free up more parking for members who would prefer closer-in access to the meeting hall entrances. Doing both would be consistent with our SIR goals of fostering greater fellowship among members.

Activities: Last year we launched the <u>Travel</u> activity under the leadership of Ed Pausa, assisted by Walter Weber. While a few of our members participated in SIR travel excursions during 2010, Ed is asking what we want our future Branch 35 Travel Program to become. Anything from local one day outings, to those of several days or longer are feasible and the SIR organization has well developed procedures for how these events can be arranged. If you will let Ed or Walter know what specific outings and travel opportunities you would like to see offered, that will help in their planning for the year.

(Continued on page 2)

(The Big Sir Says . . . – continued from page 1)

The new initiative of Theme Tables will be launched at our February luncheon meeting. Be sure to check out its notice on page 3 in this issue of Trail Tips.

Suggestions/Comments: At our luncheons, you will now be able to more easily spot those who are leaders with their larger and colorful badges made by our own Bob Simon (Thanks Bob). These should assist in your getting to know who is serving in which areas. **Don't Forget**: If you missed getting your new 2011 Membership Roster at the January Meeting, they will also be available at the February 16 meeting for distribution. Also, see the reminder below for those who still need to pay their \$25 Contribution for 2011.



One More Time!! - An Important Reminder

If you have not yet made your 2011 Annual Donation, please bring your \$25 check or cash to the February Luncheon, or mail your check to Jim Avedisian, Asst. Treasurer, 288 Marich Way, Los Altos, CA 94022. Make your check out to "SIR Branch 35" with "2011 Donation" noted on the memo line. To mail your check, you may also use the green envelope included with your November 2010 issue of Trail Tips. Extra envelopes will be available at the registration desk during the February Luncheon.

ROSTER CHANGES

Active Members: 388 Change: +5

NEW MEMBERS

Kevin Schick (Gloria)	650-209-5005
1092 Laureles Drive	kschick11(at)*gmail.com
Los Altos, CA 94024	Con-way Inc.
Bowling, golf, travel,	hiking, bicycling.
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Dick Treakle (Carolyn) 650-948-4050 510 Pine Lane rt9(at)*treakle.com Los Altos, CA 94022 **Commerce Communities** Bridge, travel, bicycling, photography.

Bob Strohecker (Jan) 650-323-7172 1610 Hamilton Avenue bstrohecker(at)*yahoo.com Palo Alto, CA 94303 Stanford National Accelerator Center Golf, travel, tennis.

Ed Ford (Suzanna) 408-257-3787 10853 Wilkinson Avenue fordejir(at)*sbcglobal.net Cupertino, CA 95014 Lockheed Missile & Space

Golf, travel, music.

Fred Evans (Patricia) 650-949-2801 189 Arbuelo Way fredwevans(at)*sbcglobal.net Los Altos, CA 94022 Pacific Bell Golf, hiking.

E-Mail Updates

John Sommer Phil Russell Don Holmes Joe MacIntosh Walter Weber

jlambertsommer(at)*gmail.com phruss2(at)*aol.com don.holmes(at)*forumrsa.com joesuemac(at)*gmail.com walterweber08(at)*comcast.net

PHONE/ADDRESS UPDATE

Jim Marshall 408-741-7867 14500 Fruitvale Avenue, #4101 Saratoga, CA 95070

FEBRUARY BIRTHDAYS

Peter Barba	Terry Hayes	Don Peterson
Don Berglund	Duncan MacVicar	Gene Reilly
Jack Cross	Charles Mangee	Roy Roberts
Jim DeLong	Tom McCarthy	Arnie Satterlee
Chuck Dunker	Ed McQuiston	Harold Schick
Gary Edwards	Ralph Otte	Jim Schlatter
Jack Evans	Bert Page	Damon Simpson
George Fullmer	Don Peglow	Bob Strohecker

FEBRUARY ANNIVERSARIES: 10+ YEARS

Guy Shortz	23	Joe MacIntosh	18
John Eilers	22	Roy Presley	13
Jim Balanesi	21	Ken Clifford	10
Jack Evans	19	Del Fillmore	10

Deceased

Alan Marston, January 11, 2011

BIKING

KARL RESECK 650-941-8837 karl.reseck(at)*stanfordalumni.org

2nd Thursdays, February 10, 11:00 a.m. Wives and guests welcome. RAIN CANCELS. HELMET REQUIRED.

Route - Coyote Hills - Alameda Creek - Niles/Fremont

Ride - The ride will begin at the Coyote Hills Park and continue on the Alameda Trail to Niles where we will have lunch at a restaurant in downtown Niles. The ride is flat and approximately 9 miles each way. There is also an optional loop with a scenic view of the bay that adds about one mile more for a total ride of 19 miles.

<u>Directions</u> - Take Highway 84 across the Dumbarton Bridge, past the toll booth to the first exit, which is Paseo Padre Parkway. Turn left and go one mile to Paterson Ranch road. Turn left at the entrance to Coyote Hills Park (there is a small sign). Go 1/2 mile to the toll booth (\$5 per car or use your East Bay Regional Park District season pass). Continue another 1/2 mile over several speed bumps to the park office and museum and park there.

If you plan to ride or have questions, call or email Karl Reseck.

To use e-mail addresses, replace (at)* with @



JIM DINKEY 650-493-9307 jimdinkey(at)*jimdinkey.com

2nd Wednesdays, February 9, 2011, 12:30 p.m.

<u>Location</u> - Palo Alto Elks Lodge, 4249 El Camino Real, Palo Alto, CA 94306.

<u>Speaker</u> - Laurie Burruss, Director of Education, Lynda.com.

Topic – An Online Training Library For The Love Of Learning

The Online Video Training Library contains over 900 technology-learning courses and over 50,000 individual movies. Laurie Burruss will present an overview of the library and its technological advances and features. She will also speak about "power users" in the library, discuss using it for online learning and show some "best practices" that literally transform individual learning experiences.

MACINTOSH GROUP

SKIP ROSS 650-941-0423 waross(at)*closereach.com

Contact Skip Ross to join an e-mail group where SIR members in all branches share Mac-related news, questions, and experiences.

TENNIS

BILL SCHICK 650-948-8768 billschick(at)*att.net

Every Monday and Thursday, starting at 8:00 a.m.

Rinconada Park Courts – Hopkins Avenue off Newell near Embarcadero Road, Palo Alto.

THEME TABLES

Ben Gikis 650-948-9523 gikisben(at)*yahoo.com

During the social hour before every Luncheon, 11:00 a.m.

THEME TABLES kicks off its first sessions at the February Meeting with the topic of VEGETABLE GARDENING. We will have groups of 4 people discussing their gardening interests. Specific topics will be tomatoes (many of us grow them from seed and have Heirloom tomatoes), pest management (gophers, squirrels, etc.), other crops and the establishment of a plant and product exchange.

In March we plan to discuss FISHING. Many of our members have gone on deep sea fishing excursions. We will be exchanging information on trips, boats, fish, fishing gear, costs of trips and related items. We hope to have both experienced and novice fishermen participate.

In May, the THEME will be HYBRID AND ELECTRIC CARS. Again, we will have people who already own these cars to share their knowledge with those who are interested in purchasing one. We will exchange information on the costs, mileage, maintenance and comfort of these vehicles.

Possible future topics include Genealogy, Solar Electric Home Projects, Antiques, RV Travel and Medical Procedures. *No Theme Tables are presently planned at the April meeting as Ben will be out of town.*

Tables will be available around 11:00 a.m. We encourage all interested people to participate. Please **register in advance** by sending an e-mail to gikisben(at)*yahoo.com or calling 650-948-9523.

BOOK SWAP

PAUL SCHERER 408-773-2772 pscherer(at)*sbcglobal.net

During the social hour before every Luncheon, 11:00 a.m.

Bring a few (place on right-hand end of table) and take a few – FREE! After the meeting, residuals go to "Friends of the Library." So, to keep your favorite authors circulating, take freely but bring them back when you are done.

<u>Featured this month</u> - Brad Thor, who writes a series of thrillers with Secret Service Agent Scot Harvath.

TRAVEL

ED PAUSA 650-324-0322 clements.e.pausa(at)*us.pwc.com

Don't delay - Sign up now for a SIR Travel Event this year!

Time flies when you are enjoying life but it is already too late for the SIR February cruise vacation – the "Magnificent Mediterranean Odyssey." Nevertheless, there are many other great travel destinations. Read the Coordinated Travel Bulletin for February 2011 on our website. To secure your place, some trips require the full payment up to three months in advance. That means you will need to plan and reserve now for an overseas vacation this summer! Make sure you come to the travel desk before our monthly luncheon and check out the many brochures. One of them ought to be just right for you. Don't hesitate. It won't be easier or better next year, but probably more expensive! So, what are you waiting for?

The current schedule of SIR travel events has been selected by SIR travel chairmen based upon their years of experience serving their respective branch membership. But, if you would like some other selections, please let us know. Contact either Ed Pausa or Walter Weber (408-371-8925, walterweber08(at)*comcast.net) by telephone, email, or in person at the travel desk with your suggestions. For more information on SIR travel events see our Travel Bulletin available at the luncheon Travel Table or on our Branch 35 website http://www.closereach.com/sir/newsletters/travel1102.pdf



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Valentine's Day Quotes

- A man loses his sense of direction after four drinks; A woman loses hers after four kisses. H.L. Mencken
- It's better to have loved and lost than to do forty pounds of laundry a week. Laurence J. Peter
- If love is blind, why is lingerie so popular? Anonymous
- If love is the answer, could you rephrase the question? Lily Tomlin
- I've been in love with the same woman for forty-one years. If my wife finds out, she'll kill me. Henny Youngman





BOB GARTEN, GOLF CHAIRMAN 408-253-5860 xonon1(at)*comcast.net

(Golf Committee members are listed on page 7 in the Membership Roster.)

SIGN-UP at the February 16 Luncheon for the following:							
Rancho Canada W (RCW) (Prize)	Mon, Mar 7	10:00	\$29				
Mattson (650-949-3739), Larson (408-245-3821))						
San Ramon (SRM) (Cart)	Mon, Mar 14	9:30	\$47				
Dixon (408-739-5137), Grundy (408-446-1946)							
Poppy Ridge (PPR)- 4Man 2Best Ball (Cart)	Thu, Mar 17	9:00	\$44				
Cooke (408-997-0511), Garten (408-253-5860)							
Wente Vineyards (WNT) (Cart, range)	Mon, Mar 21	10:00	\$70				
Thomson (650-967-0474), Nakamoto (408-440-2	2330)						
Pajaro (PAJ) (Prize)	Tue, Mar 29	10:00	\$35				
B.Hall (650-969-9572 or 650-279-4416) J.Wong	(650-345-0701)						

Deep Cliff Eclectic #3				ary 10				
FLT 1	NET	FLT 2	NET	FLT 3	NET	FLT 4	NET	Prize
Dixon Harvey	58	Gerich John	55	Dinkey Jim	57	Mason John	54	
Mattson Don	61	Roellig Chuck	56	Larson Gary	58	Taggart Bob	62	
Cooke George		Grundy Jeff	56	Hardy Brian	61	McQuiston Ed	64	
Jonekait Jay	65	Shigemoto	61	Holman Jim	61	England Art	65	
Closest-to-Pin (Conte	st:						
Cooke George	21-4	Grundy Jeff	7-6	Hall Bill	14-2			2GB
Jonekait Jay	25-8	Roellig Chuck	12-9					1GB
Squelatti Dave						1GB		
Low Gross: Ch	nuck f	Roellig 75						

Sunnyvale (N	lew Years Ball)	January 13					
Best Ball Tear	m Members:			Score Prize			
Cleveland B	+ Ogle D	+ Berglund D	+ Denery D	128 \$23			
Wilson D	+ Nakamoto R	+ Jonekait J	+ Cooke G	131 \$18			
Garten B	+ Barkey S	+ Lau R	+ draw	132 \$13			
Kendrick B	+ McQuiston E	+ Nelson H	+ Mason J	134 \$6			
Closest-to-Pir	Contest:						
Taboada T	34-3 Thomson I	18-4 Wong J	13-1 Ogle D	38-3 2GB			
Cleveland B	46-8 Squellati D	30-1 Holman J	28-3	1GB			
	Wehrman M	35-3		1GB			
Low Gross: George Cooke 86							

Santa Clara January 24								
FLT 1	NET	FLT 2	NET	FLT 3	NET	FLT 4	NET	Prize
Wilson Dick	65	Piazza Roger	62	Mason John	69	Lintz Don	74	\$ 22
Garten Bob	67	Nakamoto Ron	71	Firpo Bruce	70	Nix Ken	74	\$ 17
Pittman Robert	68	Thomson lan	71	Griffin Neville	70	Ogle Dave	75	\$ 12
Squellati David	69	Gerich John	73	Machado Paul	72	McQuiston Ed	77	\$6
Closest-to-Pin (Conte	st:						
Garten Bob	4-3	McNamara B	37-7					2GB
Naughton M	19-7	Nakamoto R	48-7					1GB
Low Gross: D	ick W	ilson 80						



HIKING

IAN THOMSON 650-967-0474 IanTDianeT(at)*sbcglobal.net

4th Fridays, February 25, 2011 at 9:30 a.m. Wives & Guests welcome! RAIN CANCELS

<u>Location</u> - Big Basin State Park, Santa Cruz County. Meet in the main parking lot inside the park.

<u>Hike</u> - We will hike 7.0 miles round trip, with an elevation gain of 600 feet. The trails are in the redwoods and along Opal and Blooms Creeks. We will also stop at the Sempervirens falls on our return to headquarters. Bathrooms are available at the trailhead.

<u>Driving Directions</u> - Take Highway 9 (Big Basin Way) from the town of Saratoga up to Skyline at Saratoga Gap and then continue 6 more miles to Highway 236. Take Highway 236 about 12 miles into the Park Headquarters (Caution, this last 12 miles is a narrow and winding road.) Parking is on your right, just beyond the kiosk, as you reach the Headquarters building. Driving time will be about 60 minutes from your house.

<u>Fees</u> - State Park fee of \$9.00 or a State Park Annual Pass is required for each car.

<u>Lunch</u> - Bring water and a lunch or snack.

<u>Caution</u> - Wear layered clothing appropriate for the weather (It can be cold at Big Basin in the winter). Hiking boots are recommended.

BOWLING

ART ENGLAND 650-948-5828 anm_eng(at)*att.net

EVERY TUESDAY at 1:00 p.m. - HOMESTEAD LANES, HOMESTEAD & STELLING, SUNNYVALE.

Practice lanes available at 12:50 p.m.

Join us for the Winter/Spring Tournament. We bowl on a handicap system, so all bowlers have an equal chance winning the team and individual prizes. Each season, teams are revised and always have a cross section of bowlers by ability. If you're new, please call Art in advance so we will be prepared.

Tournament High Scores through Jan. 11:

Highest "3 game series":

John Synder: 506 Tim Eastham: 501 Chuck Huff: 487 **Highest game:** Bill Nye: 191

Jeff Grundy: 179 Bob Taggart: 169

Highest handicap "3 game series":

Alan Gaudie: 633
Bill Webster: 613
Fred Schwalbach 605
Highest handicap gam

Highest handicap game: Jerry Ososkie: 241

Roy Robinson: 229 Roger Anderson: 223

Each bowler is listed only once above, and in the category where he has the highest ranking.

To use e-mail addresses, replace (at)* with @

SONS IN RETIREMENT, INC.

MISSION TRAIL BRANCH 35

LOS ALTOS, CALIFORNIA

STATE OFFICER	S		
State President F	Robert Mannell	408-264-7121	A
Vice President	Jim Stedman	925-932-1636	
Director Region 5	John Mason	650-948-5442	A
Governor Area 16			
Branch 35 Executive C	OMMITTEE		
Big SirJol		650-854-1598	A
Little Sir		510-471-3478	А
Secretary	Vayne Dexter		G
Assistant			U
TreasurerH			Н
Assistant			Li
Director/MembershipAre			
Director			
Director	Don Cameron	650-968-9103	
Director	Vern Schmidt	650-948-1681	
ACTIVITIES CHAIR	MEN		Lı
Bicycling	Jerry Butler	650-494-8078	
Book Swap	.Paul Scherer	408-773-2772	M
Bowling	Art England	650-948-5828	R
Assistant	Bob Taggart	650-321-2654	_
Prizes			Tı
CompuSIR			
Golf			Tı
Assistant			W
Assistant			W
Hiking	.lan Thomson	650-967-0474	۷۷
Macintosh Group			
Tennis			
Theme Tables			W
Trail Birds			po
Musical IntroductionsG			Н
Musical Introductions			m
Musical Introductions			
Travel			
Assistant	walter Weber	408-371-8925	

Staff	Staff							
Attendance	Bill Cleveland	408-720-8635						
Assistant	Dick Letts	650-962-8867						
Audio/Visual Chair		650-948-1653						
Assistant Audio		408-747-0270						
Assistant Audio		650-941-1862						
Assistant Visual	= • •	650-941-1290						
Auditing		408-739-7769						
Assistant		408-732-3718						
Greeter		650-967-0918						
Assistant Greeter	•	650-941-4464						
Historian		650-948-9054						
Luncheon Host	•	408-738-0891						
Assistant		408-732-1576						
Assistant		650-964-1729						
Assistant	, ,	650-948-5587						
Assistant		650-968-8868						
Luncheon Revenuer	, ,	650-941-3121						
Assistant		408-946-5596						
Membership Assistant		650-969-9572						
Ridesharing		408-739-7610						
Assistant		408-732-1578						
Trail Tips Editor		408-732-4858						
Associate Editor		408-737-7639						
Golf Editor		408-257-9389						
Treasure Assistant		650-949-4385						
Web Master		650-941-0423						
Well and Comfort Wisher	Howard Nelson	408-264-0798						

WELL & COMFORT WISHERS: Death or illness of a fellow SIR should be reported to Howard Nelson (408-264-0798 or howardgnelson(at)*comcast.net.) He will express concerns of our Branch and communicate memorial announcements immediately among members via e-mail.

To use e-mail address, replace (at)* with @

All activities arranged for or by Sons in Retirement, Incorporated, and its Branches, are for the convenience and pleasure of its members and their guests who desire to participate. Sons in Retirement, Incorporated, and its Branches do not assume any responsibility for the well-being or safety of the participants or their property in any matters pertaining to said activities.

SIR Branch 35 Activities - February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Bowling 12:50 p.m.		Tennis 8:00 a.m.		
6	7	8	9	10	11	12
0	Annual Company of the					'2
	Tennis 8:00 a.m.	Bowling 12:50 p.m.	Trail Birds 10:00 a.m.	Tennis 8:00 a.m.		
	Golf-Deep Cliff 10:00 a.m.		CompuSIR 12:30 p.m.	Golf-Los Lagos 9:30 a.m.		
				Biking 11:00 a.m.		
13	14	15	16	17	18	19
			Social Hour 11:00 a.m.			
	St. Valentíne's Day	Bowling 12:50 p.m.	•Theme Tables	Tennis 8:00 a.m.		
	Tennis 8:00 a.m.		Book Swap.	Golf-Callippe 9:32 a.m.		
			Luncheon 12:00 p.m.	7		
20	21	22	23	24	25	26
	Tennis 8:00 a.m.	Bowling 12:50 p.m.		Tennis 8:00 a.m.	Hiking 9:30 a.m.	
		Golf-Santa Clara 9:00 a.m.		Trail Tips Deadline		
27	28					
	Tennis 8:00 a.m.					
	Golf-Los Lagos 9:30 a.m.					





Next Meeting Wednesday, February 16, 2011 I.F.E.S Hall, 432 Stierlin Road Mountain View