

TRAIL TIPS

Sons in Retirement, Inc.

Mission Trail Branch 35

Los Altos, California

Branch 35 web site: www.sir35.org

August 2013

– NEXT MEETING –

Wednesday, August 21st

I.F.E.S. Hall, 432 Stierlin Rd., Mtn. View

Social Hour 11 a.m. – Lunch 12 p.m.

Please, IF BRINGING A GUEST OR NOT ATTENDING!

CALL 650-823-0702 or E-MAIL

[sir35notify\(at\)gmail.com](mailto:sir35notify(at)gmail.com)

by SUNDAY, August 18 (leave name and badge #)

PROGRAM

Speaker: Kevin Kyes, Founder and Marketing Mgr., Freedom Equity Group

Topic: Public and Private Long Term Care Alternatives

Consider the situation of the following couple:

"Rich (age 78) and Jean (age 77) have done well in preparing for their retirement years. Their house is paid for, they have sufficient savings to carry them through and they anticipate leaving assets to their heirs. However, as with so many others like them, they really haven't solved the long term care dilemma.



They don't have long term care insurance for the usual reasons: 1) it's too expensive; 2) they may not qualify; 3) they have heard stories from friends who had it. Yet, just two years in a skilled nursing facility for only one of them could wreak havoc on their estate and their heirs' inheritance."

Are there long term care alternatives of which most are not fully aware? Could there be public and private alternatives to cover costs for skilled nursing, in-home care and adult day care? The answer is an optimistic "Yes". Come and hear the inside story from Kevin of how to access misunderstood government entitlement programs as a no-cost alternative to long term care insurance and catch a glimpse of at least one private alternative.

The Big Sir Says . . .

From all the reports I have received, the picnic at Saratoga Springs was a rousing success. Should we do it again next year?? I'm sure I will get some feedback from you.

We are still accepting nominations for next year's Branch 35 Executive Committee. Needed are Secretary and Assistant Treasurer plus a Membership Director. Please help.

Once again I encourage each of you (myself included) to look out for new members. Introduce yourself and invite them to join your table. You can recognize them -- they are the ones who may be standing alone, looking a little lost and not talking with anyone. We need to reach out to them and make them welcome or we will lose them.

"Summer time, and the livin' is easy." Enjoy.

Joe

ANNUAL PICNIC REPORT from Ben Gikis

The Picnic was a great success. We had 185 attendees and great weather. The food was excellent and the management of Saratoga Springs was very good to work with. They even came up with suggestions to make things go better next year without me complaining to them. The Rubber Duck race was very popular as were Bingo, Bocci Ball and the Putting contest. I have had a lot of positive response from the members and requests to have the event at this location again next year.

Any input from the Membership is welcome as we want to make our monthly events as good as we can.

(Editor's note: Ben is to be congratulated for organizing a great picnic with delicious food and fun games at a beautiful picnic site. See some photos on Page 5 thanks to Andy Danver and Stan Barkey.)

\$19 AUGUST HOT-PLATE MENU \$19

Swiss Steak and Garlic Chicken

Pasta Alfredo, Pasta Mostachelli, Mixed Vegetables

Fruit Cocktail and Coffee

To reserve a vegetarian meal, contact Terry Barnhart at 408-738-0891 or [terry.b2007\(at\)sbcglobal.net](mailto:terry.b2007(at)sbcglobal.net)

\$19 AUGUST COLD-PLATE-PLUS MENU \$19

Chicken Salad on Croissant

Beef Barley Soup

Mixed Green Salad, Mixed Fruit

Cookies, Juice, Coffee

To reserve this meal, you must call 650-823-0702 or e-mail [sir35notify\(at\)gmail.com](mailto:sir35notify(at)gmail.com) by **SUNDAY, August 18**

ROSTER CHANGES

Active Members: 386

Net Monthly Change: -5

NEW MEMBERS

No New Members in July

In Memoriam

**Dan McBrady
Chuck Roellig**

ADDRESS CORRECTION

Frank Crossman Lives at
788 Florales Dr., not Floralis Dr., in Palo Alto

AUGUST BIRTHDAYS

Larry Bjork	Rich Lange	John Rinehart
Ed Blackwell	John Lehner	Stan Scardino
Derek Bray	Paul McGrew	Bill Scharfen
Larry Dike	Mike Naughton	Vern Schmidt
Jack Dyer	Chuck Nile	Jerry Schoening
Herb Fischgrund	Dave Ogle	Dave Squellati
Ron Friedenthal	Jerry Ososkie	Mark Temme
Wayne Grove	Dick Peacock	Dick Treacle
Victor Jeworski	Glen Pedigo	Pete Valenti
Ken Jones	Carl Plescia	Bill Webster
Dick Kopeck	Roy Presley	

AUGUST ANNIVERSARIES: 10+ YEARS*

Jack Brownson	18	Jack Wylie	13
Jim Dinkey	13	Jerry Juracich	11
Dennis McFerran	13	Jim Schlatter	10
Ed Pausa	13		

* Anniversary of membership in SIR Branch 35 for ten years or more.

TRAIL BIRDS

DON BOECKLING 650-965-2659
donboeckling405(at)gmail.com

Parody Writers: Duncan MacVicar, Bob Simon, David Skurnick
Accompanist: Annette Boyenga

Rehearsal: 2nd Wednesday, August 14, 10:00 a.m. in the Choir Room, Los Altos Methodist Church.

Pre-Meeting Rehearsal – August 21, 11:00 a.m., I.F.E.S. Hall.

Duncan MacVicar will write the parody for the August meeting. All are welcome to join our singing.

COMPUSIR

JIM DINKEY 650-493-9307
jimdinkey(at)jimdinkey.com

2nd Wednesday, August 14, 11:30 a.m. at the Palo Alto Elks Lodge, 4249 El Camino Real, Palo Alto.

CompuSIR is a PC users group that gets together at the 11:30 a.m. lunch offered by the Lodge where you can always find others discussing computer problems and solutions. You are also invited to join and attend meetings of SPAUG (Stanford-Palo Alto Users Group for PC) held on the same evening. You can find information about its programs at www.pa-spaug.org.

MACINTOSH GROUP

SKIP ROSS 541-857-6224
waross(at)closereach.com

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange Mac-related news, get answers to questions, and share experiences.

HIKING

IAN THOMSON 650-967-0474
iantdianet(at)sbcglobal.net

4th Friday, August 23. Meet at 9:30 a.m. Wives & Guests are welcome.

Location: San Bruno Mountain State & County Park, San Mateo County - Meet at the main parking lot just inside the park.

Directions: Take Highway 101 north of the San Francisco Airport to the Brisbane/Cow Palace exit and drive 1.8 miles on Bayshore Boulevard, heading toward the Cow Palace. Turn left (west) on Guadalupe Canyon Parkway and drive 2.3 miles to the park entrance on your right. The drive should take about 45 minutes.

Hike: The hike will be about 6.0 miles (round trip) with an elevation gain of 900 ft. San Bruno Mountain is a park noted for its wildflowers and great views of San Francisco and the Bay. The hike will start with a climb toward the peak and then we will hike along the southeast ridge. We then return to the peak and descend on a loop trail back to the parking lot. Bathrooms are at the parking lot.

Lunch: Bring a lunch or snack and water.

Fees: Seniors are free mid-week in the county parks.

Car pools are encouraged.

Caution: Wear layered clothing appropriate for the weather (wind and fog are possible). Hiking boots are recommended.

Rain on hike day cancels the hike.

BOOK SWAP

JOHN GERICH 650-969-6679
jgerich(at)juno.com

During the social hour before every luncheon, 11:00 a.m.

Bring a few and take a few – FREE! After the meeting, residuals go to Friends of the Library of Los Altos.

August is HISTORY month. It is time to share some great books that you don't think you will read again.

TENNIS

BILL SCHICK 650-948-8768
billschick(at)att.net

Every Monday and Thursday, starting at 8:00 a.m. at the Rinconada Park Courts – Located on Hopkins Avenue, off Newell near Embarcadero Road, Palo Alto. We play a relaxed doubles spin in open format. Sirs and non-Sirs alike are welcome.

BRING A GUEST AND INTRODUCE HIM TO BRANCH 35. It's easy!! Just email [sir35notify\(at\)gmail.com](mailto:sir35notify(at)gmail.com) to give the attendance folks the name of your guest, have your guest sign-in on the guest register, and sit with him up front at the guests' table. The lunch for a guest is paid by Branch 35.

BOWLING

BOB TAGGART 650-321-2654
cbtaggart(at)earthlink.net
DOUG ANDERSON 415-407-4000
marktinti(at)aol.com



Prizes: Roy Robinson
Every Tuesday, 1:00 p.m. at
Homestead Lanes, Homestead &
Stelling, in Cupertino.

We have noticed a "several pin" increase in all of our bowler's averages in the Spring/Summer league. Proving once again, that practice and repetition in any sport will improve one's ability. Join our league next week and find out for yourself. Call Bob or Doug with any questions.

STANDINGS THROUGH WEEK #10

1st PLACE Arnie Satterlee, Harold Kaye, Fred Schwalbach	2nd PLACE Bill Webster, Doug Anderson, Tim Eastham
3rd PLACE Jerry Coe, Hal Knowlton, Bob Taggart, Al Runge	4th PLACE Ptah Bennett, Earl Pampeyan, Ron Nakamoto
5th PLACE Bill Finkemeier, Alan Gaudie, Chuck Huff	6th PLACE Roy Robinson, Jeff Grundy, Jerry Ososkie
HIGH SERIES - SCRATCH 1st – Bob Taggart: 493 (Tie) 1st – Tim Eastham: 493 (Tie) 3rd – Jeff Grundy: 433	HIGH GAME - SCRATCH 1st – Earl Pampeyan: 202 2nd – Chuck Huff: 167 (Tie) 2nd – Al Runge: 167 (Tie)
HIGH HANDICAP SERIES 1st – Fred Schwalbach: 613 2nd – Arnie Satterlee: 595 3rd – Jerry Coe: 580	HIGH HANDICAP GAME 1st – Doug Anderson: 237 2nd – Jerry Ososkie: 212 3rd – Ptah Bennett: 209

There were three 200+ scratch games bowled last month. Congratulations to the following on their personal achievements:
Doug Anderson 212; Earl Pampeyan 202; Tim Eastham 201.

BIKING

JERRY BUTLER 650-494-8078
GXB366(at)aol.com

2nd Thursday, August 8, 11:00 a.m.

Wives and guests are welcome.

RAIN CANCELS, HELMET REQUIRED.

Location: Stevens Creek Trail & Shoreline Park, Mountain View

Ride: We will ride a flat 14-mile roundtrip to Michael's Restaurant in Shoreline Park plus an optional 5-mile loop to the Palo Alto Harbor Duck Pond near the Palo Alto Airport (a total ride of 19 miles).. Lunch will be at Michael's.

Directions: Meet at the south end of the Stevens Creek bike path at the corner of Sleeper Ave. and Franklin Ave. in Mountain View. From Palo Alto, go south on El Camino to Grant Road and turn right. The first street past the third traffic signal on Grant is Sleeper Ave.; turn left. Go eight blocks to the end of Sleeper Ave. to a small park. Park your car along the curb.

If you plan to ride or have questions, contact Jerry Butler as per above, or Karl Reseck at 650-941-8837, karl.reseck(at)stanfordalumni.org.

TRAVEL

ED PAUSA 650-324-0322
clements.e.pausa(at)us.pwc.com

Assistant: Walter Weber 408-371-8925, walterweber08(at)comcast.net

Sir Ed Pausa, Branch 35 Travel Chairman, is off on a SIR Historic Baltic Cruise. Walter Weber has provided this month's travel news.

August 28 – September 7, 2013 State SIR 55th Anniversary Cruise.

Although the cruise pamphlet states that final payment was due on May 23, there might still be cabins available for this adventure. If you are interested in the cruise, contact Ed Pausa or me, Walter Weber, or go directly to Sonoma Travel at 888-900-7772. There are already just short of 400 members and guests signed up for this trip (198 cabins).

October 10 – 15, 2013 Albuquerque Balloon Fiesta.

Although I have never been at this event in Albuquerque, I have heard a lot about it and saw pictures of the balloons, mostly hot air. I am familiar with both Albuquerque and Santa Fe during Christmas time as well as during the Opera season in summer. There are a lot of other areas of interest in that region. It is an area rich in history as well as in traditions of the Pueblo Indians.

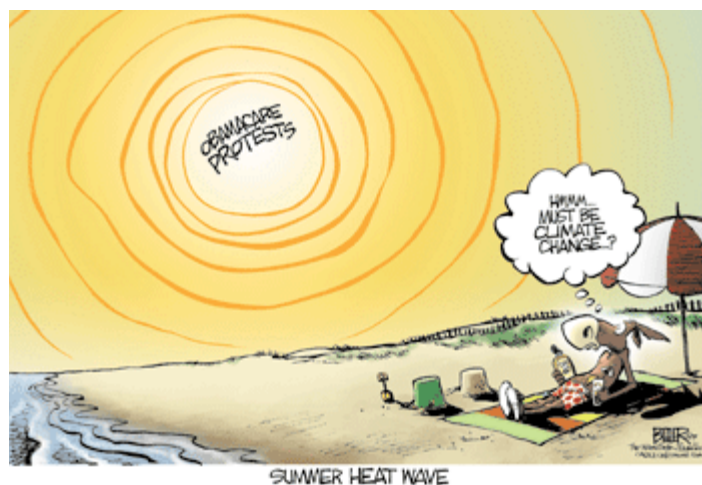
November 20 -21, 2013 Ice Fantasy at the Eldorado.

This is a 2-day excursion to the Eldorado Hotel and Casino in Reno. The pick-up is at the Light Rail Station at Capitol Expressway and Navarez Ave, South Lot G at Highway 87. The Ice Fantasy performance at 7 PM is a combination of figure skating and circus acrobatics. You will travel by coach from San Jose to Reno, arriving there around 3 PM. You will be back in San Jose on the 21st at approximately 9:30 PM. There are already more than 20 SIR members and guests signed up for this trip.

December 4, 2013 Beach Blanket Babylon.

This one day outing is well visited and seems to have become a tradition for lots of SIR members. Already 34 members and guests have signed up for this event. If you are somewhat familiar with the politics in San Francisco you will enjoy it even more. I have seen it at least six times and it was never the same.

For more information, see our Travel Bulletin on the website at www.closereach.com/sir/newsletters/travel1308.pdf.



GOLF

BOB GARTEN, GOLF CHAIRMAN

408-253-5860, xonon1(at)comcast.net

(Golf Committee members are listed on page 7 in the Membership Roster.)

**SIGN-UP for the following by August 15 with John Gerich,
650-969-6679, jgerich(at)juno.com**

Summitpointe (SMP)(Cart)	Thu Sep 5	9:00 a.m.	\$40
4 Man Scramble – Mixer	Garten 408-253-5860 xonon1(at)comcast.net/Squellati		
Silver Creek (SCR)(Cart,Range,Tee)	Tue Sep 10	10:00 a.m.	\$85
Shotgun	Nakamoto 408-440-2330 ronandela(at)comcast.net/Lau		
Hiddenbrooke (HID)(Cart,Range)	Thu Sep 12	10:00 a.m.	\$55
	Mattson 650-949-3739 donmattson(at)yahoo.com/Larson		
Pacific Grove (PGR)(Cart,Prize)	Mon Sep 16	10:00 a.m.	\$73
	Taboada 925-785-4318 tjtaboada(at)earthlink.net/Dixon		
Las Positas (LPS)(Cart)	Thu Sep 19	10:30 a.m.	\$45
	Cleveland 408-720-8635 b.cleveland(at)att.net/Lintz		
Seascape (SCP)(Cart)	Mon Sep 23	10:00 a.m.	\$50
	Garten 408-253-5860 xonon1(at)comcast.net/Grace		
Dublin Ranch (DRN)(Cart)	Thu Sep 26	10:00 a.m.	\$43
	Garten 408-253-5860 xonon1(at)comcast.net/Cioni		
Roddy Ranch (RDR)(Cart,Range)	Mon Sep 30	10:00 a.m.	\$40
	Garten 408-253-5860 xonon1(at)comcast.net/Cooke		

GOLF RESULTS

DeLaveaga June 25				
FLT 1	NET	FLT 2	NET	Prize
Shigemoto F	69	Barnhart T	56	\$24
Scardino S	70	Hardy B	65	\$19
Cooke G	70	Dunlap R	67	\$13
Squellati D	71	Ogle D	68	\$7
Closest-to-Pin Contest:				
Tooley J	6-0	Parra A	23-10	2GB
Feild D	33-4	Barnhart T	38-0	1GB
Low Gross: George Cooke 87				

Monterey Pines June 27				
FLT 1	NET	FLT 2	NET	Prize
Schlatter J	59	Hardy B	67	\$20
Wilson D	64	Spindt C	67	\$15
Taboada T	65	Ogle D	67	\$9
Newton K	65	Barnhart T	69	\$5
Closest-to-Pin Contest:				
Schlatter J	32-5	Hardy B	65-7	2GB
Mattson D	44-1	Reed J	69-5	1GB
Low Gross: Jim Schlatter 72!!!!				

San Jose Muni July 1						
FLT 1	NET	FLT 2	NET	FLT3	NET	Prize
Nakamoto R	62	Grace R	56	Ososkie J	54	\$22
Pittman R	64	Gikis B	66	Hall B	57	\$17
Naughton M	64	Parra A	68	Enos J	67	\$11
Cioni J	64	Feild D	68	Wride G	69	\$6
Closest-to-Pin Contest:						
Jonekait J	12-0	Grace R	3-3	Taggart B	5-7	2GB
Cioni J	20-4	Gikis B	23-10	Wride G	13-6	1GB
Low Gross: Joe Cioni 78						

Poplar Creek July 8						
FLT 1	NET	FLT 2	NET	FLT3	NET	Prize
Wilson D	64	Spindt C	63	Enos J	59	\$20GC+8
Schlatter J	65	Parra A	67	Grundy J	59	\$23GC
Newton K	66	Gikis B	68	Simpson D	67	\$19GC
Mattson D	68	Barnhart T	68	Ogle D	68	\$15GC
Closest-to-Pin Contest:						
Taboada T	2-8	Parra A	4-2	Grundy J	18-11	2GB
Cioni J	2-10	Barnhart T	13-7	Ogle D	20-6	1GB
Low Gross: Jim Schlatter 78						

Lake Chabot July 11				
FLT 1	NET	FLT 2	NET	Prize
Garten B	66	Hardy B	65	\$17
Wilson D	70	Grace R	66	\$13
Petersen H	70	Larson G	66	\$9
Nakamoto R	71	Hall B	68	\$5
Closest-to-Pin Contest:				
Wilson D	22-8	Ogle D	15-6	2GB
Taboada T	25-6	Ososkie J	22-6	1GB
Low Gross: Bob Garten 84				

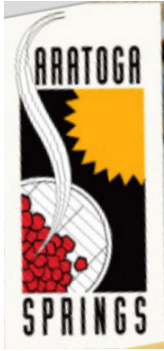
Seascape July 15						
FLT 1	NET	FLT 2	NET	FLT 3	NET	Prize
Taboada T	65	Grace R	60	Simpson D	71	\$20
Mattson D	66	Feild D	67	Gikis B	73	\$15
Schlatter J	70	Newton K	67	Ogle D	75	\$10
Vanderwerf P	71	O'Brien G	69	Holman J	76	\$5
Closest-to-Pin Contest:						
Nakamoto R	4-1	Grace R	13-1	Hardy B	6-8	2GB
Pittman R	6-0	Feild D	14-11	Grundy J	9-8	1GB
Low Gross: Jim Schlatter 82						

Spring Hills July 18				
FLT 1	NET			Prize
Holman J	65			\$23
Gikis B	66			\$18
Hardy B	68			\$12
Nakamoto R	69			\$8
Closest-to-Pin Contest:				
Pittman R	14-6			2GB
Low Gross: Ken Jones 90				

Match Play 3.5 July Round Results

Winner	To Sidelines	Winner	To Sidelines
Nakamoto	Wilson	Shigemoto	Lau
Goodwin	Scardino	Taboada	Anderson





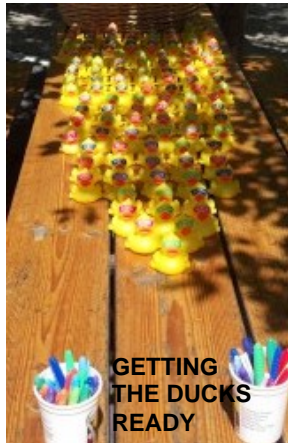
LONGBRIDGE
PICNIC AREA



BOCCI BALL



DROPPING DUCKS
FROM THE BRIDGE



GETTING
THE DUCKS
READY



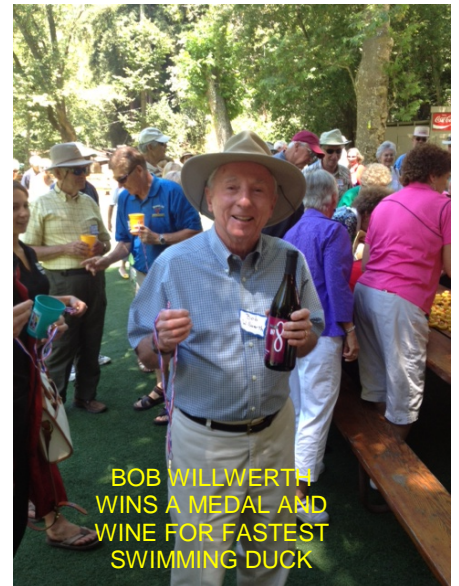
BEN MAKING
THE DUCK RACE
RULES



HELPING THE
DUCKS ALONG



THE WINNING DUCK



BOB WILLWERTH
WINS A MEDAL AND
WINE FOR FASTEST
SWIMMING DUCK



BEAN BAG TOSS



SERIOUS BINGO



Trail Tips

Del Fillmore, Editor
974 Susquehanna Ct.
Sunnyvale, CA 94087

FIRST CLASS MAIL

**Next Meeting –
Wednesday, August 21, 2013
I.F.E.S. Hall, 432 Stierlin Road
Mountain View**

SIR Branch 35 Activities - August 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Tennis 8:00 a.m. Golf- Pasadera 11:00 a.m.	2	3
4	5 Tennis 8:00 a.m. Golf- Willow Park 9:30 a.m.	6 Bowling 12:50 p.m.	7	8 Tennis 8:00 a.m. Biking 11:00 a.m. Golf- Boundary Oak 9:30 a.m.	9	10
11	12 Tennis 8:00 a.m.	13 Bowling 12:50 p.m.	14 Trail Birds 10:00 a.m. CompuSIR 11:30 a.m.	15 Tennis 8:00 a.m. Golf- Santa Teresa 10:00 a.m.	16	17
18	19 Tennis 8:00 a.m. Golf-Metropolitan 10:00 a.m.	20 Bowling 12:50 p.m.	21 Social Hour 11:00 a.m. Trail Bird Rehearsal Book Swap Luncheon 12:00 p.m.	22 Tennis 8:00 a.m. Golf- Ridgemark-G 9:57 a.m.	23 Hiking 9:30 a.m. Trail Tips Deadline NOTE: Early Deadline	24
25	26 Tennis 8:00 a.m. Golf- Rancho Canada W 10:00 a.m.	27 Bowling 12:50 p.m.	28	29 Tennis 8:00 a.m. Golf- Boulder Creek 10:00 a.m.	30	31